UNITY SPIRITUAL CENTRE OTTAWA

Core Values



We F-L-O-U-R-I-S-H together!

F – Faith, through which we express our sacred connection to the Divine within.

L – Love, through which we live the action of compassion and kindness.

O – Openness, through which we deepen our understanding.



U – Unity, through which we embrace all.

R – Recognition, through which the world is empowered by gratitude.

I – Insight, through which the illumination of deeper wisdom excels.

S – Service, through which engagement develops leaders.

H – Heart Growth, through which happiness and peace are expressed as joy.

JUNE 15TH 2026